

Welcome to Savannah's SuperHERO Cookie Square's Program!





Alright! Alright! Calm Down. We ALL Love Cookies, especially Healthy Delicious Yummy Cookies Right?



And what better way to get your hands on some of those Delicious Yummy Cookies then to BAKE them Yourself!



It is an amazing program with amazing results, lifting the hearts and spirits of Humans in need! Where Volunteers bake cakes and cookies knowing that every bite is the delicate combination of love & compassion. So, C'mon and indulge in some *philanthropic* baked goods!

This is an all year "365 Day" event! So, get out your aprons and that good Ol' <u>non-GMO</u> recipe and get ready to sell your best "Yummy!" baked goods to help HUMAN's In Need! Earn your 'Certificate of Participation' Community Service Hours Certificate, today!

<u>Our non-GMO Pledge</u>: We at *My Charity 4 Kids & Volunteer One* believe that you, our volunteers and the public, have the "Right to Know" what is inside their food. We pledge to offer only the highest quality of non-GMO/Organic ingredients will be used in our Cakes 4 Kids Program!

Savannah needs you to Bake SQUARE Cookies in the shape of our SuperHERO Power Packs! OK

Host your own Bake Sale!



Fundraising never tasted so Delicious!

Bake some delicious Square cookies, or brownies!

We will need Volunteers to help Fundraise at Supermarkets & Public Locations. All of these opportunities offer Community Service Hours along with a brief introduction Course in Business/Philanthropy.

This Opportunity needs staff Members to direct our younger "Cookie Lover" volunteers.

* Great for
individuals, families,
schools, High
Schools and
Universities,
Sororities and
Fraternities, churches, clubs & organizations.

* We can arrange a location for your Bake Sale if needed. We will be handing out Information Flyers regarding Special Needs Children and their families and Volunteer Opportunities with My Charity 4 Kids | Volunteer One.

Join up today to be part of our Fundraising Team.



Savannah's SuperHERO Cookie Health Square's Program!

What is a GMO? (Source: http://www.kidsrighttoknow.com/gmos/)

A GMO (Genetically Modified Organism) is a laboratory process of taking genes from one species and inserting them into another in an attempt to obtain a desired trait or characteristic.

What kinds of genetically engineered traits have been added to our food crops?

- Herbicide tolerance crops, which lets the farmer spray weed killers directly on the crop without killing it
- Pesticide-producing crops, where the plant produces its own internal pesticide

Why should you be concerned about GMOs?

- Various feeding studies in animals have resulted in tumors, damaged immune systems, smaller brains, livers, birth defects, reproductive problems and infertility
- GMOs have also been linked with allergies, various digestive and bowel syndromes and even autism in humans



ERIFIED

What foods are GM?

- soy (94%), cotton (90%), canola (90%), sugar beets (95%), corn (88%), Hawaiian papaya (more than 50%), zucchini and yellow squash (over 24,000 acres)
- Products derived from the above, including oils from all four, soy protein, soy lecithin, cornstarch, corn syrup and high fructose corn syrup
- Approximately 90% of all products on supermarket shelves contain GMO ingredients



How do GMOs impact the environment?

- Crops are being genetically engineered as "Roundup Ready" so they can withstand massive spraying with the toxic pesticide, doesn't readily break down in the environment, and ends up in our streams
- New super weeds and super bugs are becoming Roundup resistant, so more an stronger pesticides are being used
- The built-in pesticides found in genetically engineered crops may be largely responsible for the dying off of many insects, including honey bees and Monarch butterflies

What can you do to avoid GMOs?

- Read labels and avoid buying processed food products containing corn, soy, canola, and vegetable oil
- Look for the NON-GMO Project Label
- Get a copy of the Non-GMO Shopping Guide
- Buy organic when possible

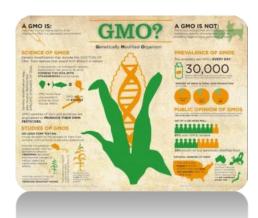


What can you do about GMOs?

- Tell everyone you know
- Write letters to your Member of Parliament and Demand GMO Labeling







Click Pictures to visit sourced websites!

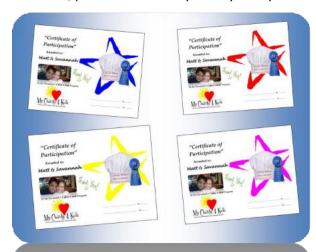
Savannah's 'Cakes 4 Kids': What to do

As you may be aware, there is a great need for assistance for children in many areas of today's modern world. The major problem is that it is mostly money that is the basis of the need, for without it, no program can be implemented.

My Charity 4 Kids/Volunteer One is very proud to make available several very appealing ways to educate children in the field of Philanthropy. These Volunteer Opportunities are designed for students; youth leaders; clubs; national sororities and fraternities.



- Sign up for the Savannah's Cakes4 Kids Program!
- Visit your local Organic/Natural Store and purchase a non-GMO Cake, Cookie or Fudge Brownie Mix
- Organize your bake sale! Get your family schools, clubs, churches, organizations, etc. involved!
 Get ready to make your best Cakes & Cookies!
 - Bake a Bakers Dozen which is 13 for a 1 person bake sale! You can make as many as you'd like!
 - For larger groups, a Minimum of 50-100 Cup Cakes & Cookies are to be sold. Keep track of the Time you spend towards Community Service Hours
- Cakes & Cookies are given out for a \$1-3 Donation (offer everyone a choice of Donation Amount)
 - Start with your Family & Friends. We're sure they would love to help!
 - Be sure to give out your information flyer to each person that offers a donation
- If you have a location in mind, please ask them if you may host your bake sale there!



Finally- Write an Essay on your Bake Sale Experience: (Non-Certificate, minimum of 50 words; Certificate course minimum of 150 words and up)

- What did you like about your experience?
- **♣** What did you learn from it?
- What was the feedback from your supporter's and did they offer any additional donations?
- Did they request more information on the Charity or Program?



Non-GMO and GMO's,

- ♣ What are the differences?
- Which one do you think is better to eat and why?
- Which one do you choose for you and your family and why?

Finally: Choose your Certificate.

■ If you would like a picture or special name inserted, please send it to us!







CLICK US!!

Thank you for participating in Savannah's Cakes 4 Kids Program! We hope you had fun and learned something new! Share us with friends & family and get them involved!



What to do: A Simple Step-by-Step

- Find a Store that sells non-GMO & Organic Cupcake/Cookie/Brownie batter.
- You MUST send us a Picture of the product you have purchased so we can confirm it is non-GMO Verified.
- Bake and decorate your Cup Cakes & Cookies in the comfort of your own home! Make them "Happy Cakes"! You're the Master Baker! =D
- Be sure to hand out the information flyers to those donating to try your delicious cakes!
 - o Make your Bake SALE Stand is presentable and fun! Have your friends with you to "CHEER" up the atmosphere!
- When someone donates and receives their cake, be sure to thank them and wish them a beautiful day!
- Put the donation in an envelope and seal it away!
- ♣ The most important step of all... HAVE A BLAST!

